



OUTDOOR INSTRUCTOR

Thank you for your interest in Active Adventures. We're really excited about the new approach to holiday sessions, and we hope that you and your family are able to take advantage of the programme to add a bit of variety to your holiday.

Having taken into account people's comments from last year, we've slightly adapted the programme this time around. We're sure that it can still be developed further over time, so would really appreciate your feedback and suggestions to help us keep it moving in a direction that is of interest and accessible to as many people as possible.

The Session

There will be an all day Mountain Walk taking place on Friday 29th July at a cost of £25 per person. Please note that this date has **changed** from Saturday 30th July.

There is no set venue for the Mountain Walk, as this will depend on the conditions on the day as well as the make up of the group. However, it is anticipated that we will head into Snowdonia in North Wales.

The minimum age for the Mountain Walk is 10 years.

Please note that there is a limited number of places for the Mountain Walk, so make sure that you book in advance. If you turn up on the day without booking a place, you may be disappointed. Due to the all day nature of the activity, we are unlikely to arrange a second Mountain Walk this Summer.

Kit

Clothing will depend on the weather conditions at the time. However, consideration should be given to the following items:

Footwear – ideally providing support to the ankles

Trousers – avoid jeans as they are heavy (very heavy when wet!) and chaff between the legs

Waterproofs – top and bottoms

Sun cream, hats and glasses – we may be exposed to the sun all day

Warm layers – at least a spare fleece

Food & drink – bring a packed lunch and at least 1 litre of water

A rucksack to carry it all in

If you're unsure what the weather is going to do on the day, it is better to come over prepared. You can always leave some kit in the car if appropriate.

A camera – hopefully we'll get some awesome views!

Logistics

We will meet in the main car park in Ellesmere at 8.30am, by the TG Builders Merchants. We can then sort transport, lift sharing and select an appropriate venue for the walk. Martin Digby will be able to offer transport to a limited number of participants.

The advertised time for return is 6pm but this will be depend on the selected venue, length of walk, speed of progress, weather conditions, traffic etc. Hence 6pm is only a guideline. Due to the nature of the activity, it will not be possible to simply leave earlier than the rest of the group.

For those with access to Ordnance Survey maps or satellite navigation systems, the location of the car park in Ellesmere is given by:

Grid Reference: SJ 401 349

Latitude & Longitude: 52 ° 54' 29" North, 2 ° 53' 34" West

Facilities

There may be toilet facilities where we start the walk from, but don't rely on it!

Booking

If you would like to book a place on this session, please follow these straight forward steps:

- Read our Terms & Conditions which can be found through our website, or contact us for details.
- Complete the Booking Form with as much detail as you can.
- Send us the completed booking form, along with your payment.
Cheques should be made payable to 'Martin Digby'.

If you have any additional questions about this or other Active Adventure sessions, please feel free to give us a call or drop us an email. It's a busy time of year for us, so you may not get an immediate response, but we will get back to you as soon as we can.

We very much look forward to the possibility of you joining us for a session or two over the holiday but, in case you don't, we'd like to wish you a fantastic Summer. Make the most of it!